

## ABOUT US



**Quinten Cullins** is the CEO of Changing Phases Behavioral Support Inc. He brings such a phenomenal presence through his commitment to the person served, experiences, knowledge, and therapeutic strategies utilized to assure that the highest standard of care is being promoted throughout the service delivery. His expertise is working and providing

Mental Health & Substance Abuse Services to at-risk youth, adults, individuals, and families within the community at large.

**Mya Cullins** is the COO of Changing Phases Behavioral Support Inc. She brings countless years of experience to this field, not to mention education to assist her with building healthier children, adults and families. She has a clear understanding and knowledge of utilizing a holistic approach to break down the stigmas that are generally associated with the Mental Health & Substance Abuse cliental. Through professional and personal experiences Mya was able to publish her first book "In My Fathers House".



## OUR MISSION

*Our Mission is to promote life changing experience in the quality of life and emotional well being of the citizens in the state of Georgia.*

*We advocate, encourage and exemplify the barrier-free delivery of responsive, innovative community-based behavioral health treatment services in the environment of dignity and respect for all consumers, their families, community, and employees.*

*Our values are simply delivered through honesty, quality and service to all individuals in need of behavioral healthcare.*



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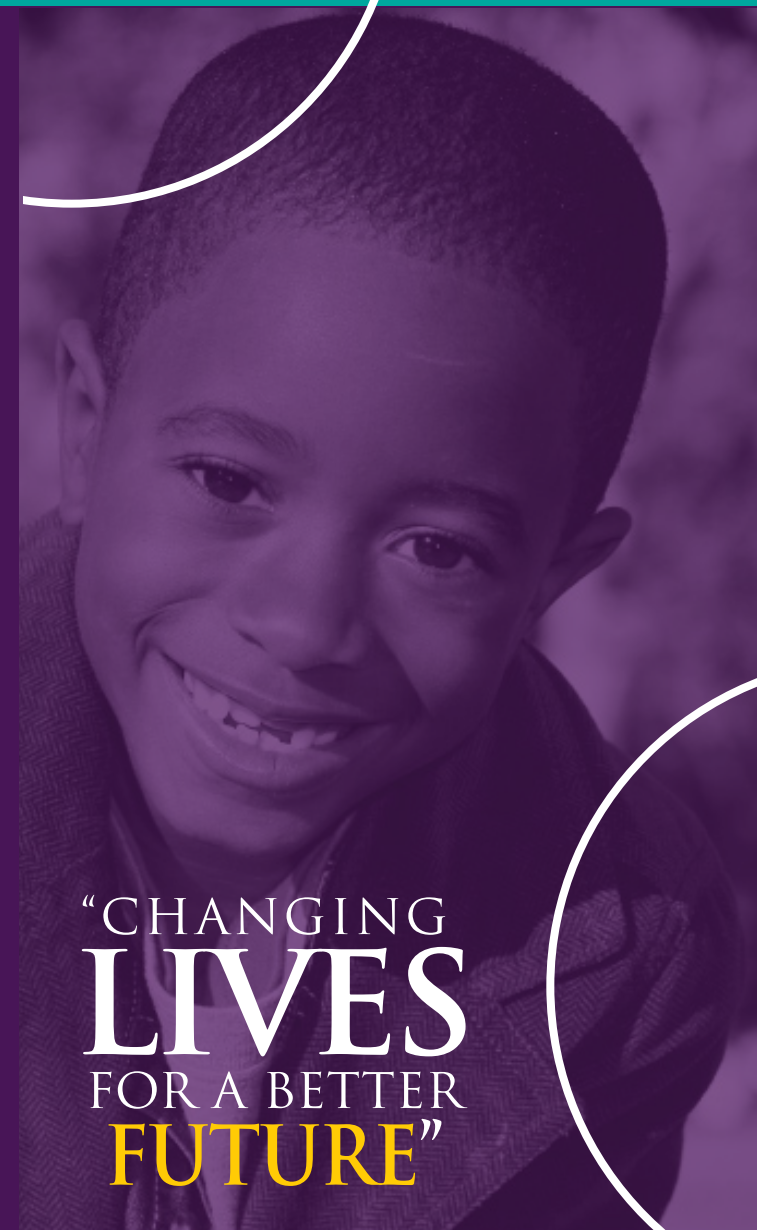
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# CHILDREN & ADOLESCENT SERVICES

## Child and Adolescent Substance Abuse Program

This program provides leadership in the identification, diagnosis and treatment of substance abuse and disorders in children and adolescents.

## Child and Adolescent Intensive Outpatient

The Child and Adolescent Intensive Outpatient Program provides mental health care to adolescents within the Metro Atlanta and surrounding areas. This program offers a much-needed “intermediate” level of care for adolescents who have needs that are too complex to be effectively managed in an office outpatient setting, but do not reach the threshold warranting inpatient hospitalization.

## Child and Adolescent Core

The Child and Adolescent Core service is provided to youth in order to promote stability and age-appropriate functioning in their daily environment. Stability is measured by a decreased number of hospitalizations, by decreased frequency and duration of crisis episodes and by increased and/or stable participation in school and community activities.



# ADULTS SERVICES

## Adult Substance Abuse

Adult Substance Abuse services offer support to individuals and families experiencing alcohol and other drug-related problems. The program’s staff are experienced and trained to evaluate and help individuals and families with these challenges.

## Adult Intensive Outpatient

The Intensive Outpatient Program (IOP) focuses on helping the adult client to understand addiction and begin the recovery process through group counseling, educational presentations, self-inventory, family relationship building, and continuing care planning.

## Adult Core

Within the Adult Core Program, the consumer will be assigned a Community Support Individual and an Mental Health Therapist. Community Support services consist of rehabilitative skills building, the development of environmental supports and resources coordination considered essential to assist a person in improving functioning, gaining access to necessary services and in creating environments that promote recovery and support the emotional and functional improvement of the individual.



# OTHER SERVICES

## Intensive Family Intervention

The Intensive Family Intervention service is intended to improve family functioning by clinically stabilizing the living arrangement, promoting reunification or preventing the utilization of out of home therapeutic venues (i.e. psychiatric hospital, therapeutic foster care, psychiatric residential treatment facilities, or therapeutic residential intervention services) for the identified youth. Services are delivered utilizing a team approach and are provided primarily to youth in their living arrangement and within the family system. Services promote a family-based focus in order to:

- > Defuse the current behavioral health crisis, evaluate its nature and intervene to reduce the likelihood of a recurrence
- > Ensure linkage to needed community services and resources
- > Improve the individual child’s/adolescent’s ability to self-recognize and self-manage behavioral health issues, as well as the parents’/responsible caregivers’ capacity to care for their children.

## Group Outpatient Services: Group Counseling

Group therapy is a type of psychotherapy that involves one or more therapists working with several people at the same time. Group therapy is sometimes used alone, but it is also commonly integrated into a comprehensive treatment plan that also includes individual therapy and medication.



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